



## FULL DAY CANYONING: HAUT CHASSEZAC

**Booking:** It is necessary to book in advance for this activity, either by phone + 33 (0)4 75 37 44 33 or by sending us an e-mail at [info@ardeche-canyon.com](mailto:info@ardeche-canyon.com) . A deposit of 30% is necessary when you book.

**Place and time of meeting:** rendez-vous at **9.00 AM** at the post office in Les Vans - transportation by your own mean, about 40 minutes driving from Les Vans.

**Duration :** Between 5 and 6h in water

**Walking times at the beginning :** 15 mn

**Walking times at the end :** about 40 mn

**Difficulty :** ★★★★★ Confirmed Level, realized in its full version, technical and physical, good condition required.

**The Best of this Canyon:** This is a rather technical canyon where you will use all forms of progression to move along the river side, jumps (from 0 to 7 meters, not compulsory), swim, abseiling, opposition and slides ... We always offer the canyon in its full version, but ways out exist and can be considered in certain cases, if necessary.

### 2010 Prices

59 € per pers.

#### The price includes:

- wet suit and socks
  - helmet
  - professional guide
  - training and instructions
- Shoes rental : full day + 5€*

#### Not included:

- transportation

#### Conditions

- from 10 years old, in good health and ability to swim
- let us know if you have some specific health problems
- minimum weight of 25 kg.
- accept our Terms and Conditions

#### What you have to bring:

- closed-toed shoes and bathing suit
- you also have to take a **solid meal** (avoid everything that can crash, take a sandwich, no fruits and some cereal bars...) and **water**.

**IMPERATIVE: we need name, weight and size of each participant at least 3 days before the activity to prepare necessary equipment.**