



## HAL DAY CANYONING : HAUTE BESORGUES

**Booking:** It is necessary to book in advance for this activity, either by phone + 33 (0)4 75 37 44 33 or by sending us an e-mail at [info@ardeche-canyon.com](mailto:info@ardeche-canyon.com) . A deposit of 30% is necessary when you book.

**Place and time of meeting:** rendez-vous at **8.30 AM** or **2.00 PM** at the parking of the Grand Hotel des Bains in Vals les Bains (follow "quartier thermal") - transportation by your own mean.

**Duration :** About 2h in water

**Walking times at the beginning :** 20 mn

**Walking times at the end :** 0 mn

**Difficulty :** ★★★★★ Discovery – Easy level

**The Best of this Canyon:** a huge number of slides, one of 8m, very aquatic and playful + a lot of jumps...up to 10 m (not compulsory).

**2010 Prices**  
38 € per pers.

**The price includes:**

- wet suit and socks
  - helmet
  - professional guide
  - training and instructions
- Shoes rental : half day + 3€*

**Not included:**

- transportation

**Conditions**

- from 7 years old, in good health and ability to swim
- let us know if you have some specific health problems
- minimum weight of 25 kg.
- accept our Terms and Conditions

**What you have to bring:**

- closed-toed shoes and bathing suit
- bring water and some cereal bars

**IMPERATIVE: we need name, weight and size of each participant at least 3 days before the activity to prepare necessary equipment.**



You could find pictures and videos of your outing on the Web Site:  
[www.ardeche-canyon.com](http://www.ardeche-canyon.com)